

bevacizumab (BEV) alone (n = 85) and in combination with irinotecan (IRI) (n = 82) in recurrent GBM. Primary efficacy endpoints were independent review facility-assessed objective response (OR) rate and 6-month (6m) progression-free survival (PFS). CS dosing was captured across time, and pts with an OR were on stable or reduced CS doses. For pts with baseline (BL) CS use, a $\geq 50\%$ dose reduction for $\geq 50\%$ of time on study drug was a sustained reduction (SR). NCF assessments (memory, visuomotor scanning speed, executive function) were performed at BL and every 6 weeks while on study drug, up to 52 weeks. NCF was categorized as improved, stable, or declined, using the reliable change index. We summarized SR and NCF by response and 6m PFS status.

Results: OR rate (BEV 28.2%, BEV-IRI 37.8%) and 6m PFS (BEV 42.6%, BEV-IRI 50.3%) were compelling. At BL, 50.6% BEV and 52.4% BEV-IRI pts took systemic CS. More than 75% BEV and 65% BEV-IRI pts without CS at BL did not use CS post-BL. Of BEV and BEV-IRI pts with complete or partial response, 57% and 64% had CS SR. Of BEV and BEV-IRI pts with progressive or stable disease, 17% and 38% had CS SR. Of pts with PFS $>6m$ 58% in the BEV arm and 86% in the BEV-IRI arm had CS SR; and of pts with PFS 80%. Of the BEV and BEV-IRI pts with OR, 75.0% and 60.7% had stable or improved performance on all tests at the time of response relative to BL. Of BEV and BEV-IRI pts with PFS $>6m$, 70.4% and 70.0% had stable or improved performance on all tests at Week 24 relative to BL.

Conclusions: Compared to historical controls, OR rate and 6m PFS in BRAIN were compelling. Most pts with an OR or PFS $>6m$ had decreased CS dose and improved or stable NCF compared to BL. Given the exploratory nature of these analyses in a noncomparative study, these results should be interpreted cautiously.

Poster presentations (Mon, 21 Sep, 09:00–12:00) Central nervous system

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POSTER

Glioblastoma multiforms, long term survivors, single institution experience

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Purpose: Patients with glioblastoma multiforme (GBM) have very poor prognosis; the median survival with the best available treatment is only 12 months. The survival rate has changed little in the past 20 years. This clinico-epidemiological study was prompted to identify specific parameters that might be associated with GBM patients who have achieved an unusual overall survival of >36 months post diagnosis.

Patients and Methods: In this clinicoepidemiological study, the frequency of long-term glioblastoma multiforme (GBM) survivors (LTGBMSs) was determined in a population-based study. All patients diagnosed with GBM and referred to Kasr al Aini Center of Radiation Oncology from January 1995 till December 2002 were included in the study. Patients were followed up, and LTGBMSs were defined as GBM patients surviving 3 years or more after diagnosis. Patients were compared in terms of age, sex, and year of diagnosis with standard survivors. Analysis of clinicoepidemiological factors related to survival issues was attempted trying to identify prognostic factors associated with prolonged survival.

Results: One hundred and forty three GBMs patients were diagnosed in the study period; 7 (4.66%) of these patients survived 3 years or more. LTGBMSs (average age, 43.5 years) were significantly younger when compared with all GBM patients (average age, 53.0 years). LTGBMSs had a higher Karnofsky Performance Status score at diagnosis. LTGBMSs were much more likely to have had a gross total resection and adjuvant chemotherapy than the standard GBM patients.

Conclusion: Conventionally treated GBM patients in an unselected population have a very small chance of long-term survival. Aggressive surgical resection as well as adjuvant chemotherapy in addition to sophisticated radiation therapy techniques might contribute to better survival outcome in such dismal disease, particularly in selected patients with young age, good performance status and following near or total resection.

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POSTER

What is the value of surveillance scanning in High Grade Glioma?

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Background: Patients with high grade glioma (HGG) often have routine follow up brain scans (CT or MRI) to detect progressive disease. However,

the benefit of surveillance scans in this setting is unproven. Here we present data on a cohort of patients with progressive HGG, and analyse whether routine scanning is effective at picking up asymptomatic disease.

Materials and Methods: Chart review of patients with HGG who were diagnosed with progressive disease between 2004 and 2008 in a single cancer centre who were scanned at 6 month intervals after primary treatment. The main outcome documented was whether progression was diagnosed radiologically (on MRI or CT) or clinically. Histology was either anaplastic astrocytoma/oligodendroglioma (G3) or glioblastoma multiforme (GBM). The median age at diagnosis, sex, and time to progression (TTP) from initial diagnosis were also analysed.

Results: 42 patients were identified. 23 had a G3 tumour and 19 had a GBM. The median age at diagnosis was 40 years. 69% of patients were male and 31% female. The majority of patients had clinical progression (76%). Of the 24% who had radiological progression, 40% developed symptoms within a few weeks of the diagnostic scan. 30% never developed symptoms. The remaining 30% developed symptoms months later and were re-scanned. CT brain demonstrated progression in 55% of patients and MRI in 40%. The median TTP was 14 months (22 months in the G3 group and 11 months in the GBM group)

Conclusions: The majority of patients undergoing follow up for a HGG present with symptomatic recurrence. However, 1 in 4 patients in our series had radiologically detected recurrence. In this era of treatment with novel agents, surveillance scans may be appropriate to optimise use of new approaches. A CT brain is adequate to diagnose progression, and represents a cost saving compared to MRI.

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POSTER

Improved survivorship of glioblastoma patients treated with combined postoperative radiotherapy and concurrent/adjuvant chemotherapy compared to postoperative radiotherapy alone: British Columbia Cancer Agency experience

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Background: After publication of results from the EORTC-NCIC CE3 randomized study showing improved survival with the addition of concurrent/adjuvant temozolomide (TMZ) to postoperative radiotherapy (PRT) for treatment of glioblastoma (GBM), use of TMZ became standard practice at the British Columbia Cancer Agency (BCCA). PCV and CCNU chemotherapy (ChT) used prior to that report were not consistent. This study aimed to verify that addition of TMZ to PRT is associated with better outcome in patients with GBM in a general population setting. The BCCA provides all radiotherapy services to a population of 4 million in a distinct geographic area.

Material and Methods: Between 01/01/2000 and 30/06/06 a total of 376 patients with histologically confirmed GBM of 19–70 years of age and ECOG performance status 0–2 (selection criteria for EORTC-NCIC trial eligibility), were treated with radical PRT to the total dose of 40–60 Gy. Of these 136 received concurrent/adjuvant TMZ and 59 received non-TMZ ChT. The primary end point was overall survival.

Results: The two-year overall survival of the entire cohort was 20.6%. Follow-up was sufficient to capture 92% of the events. The two-year survival was 8.9% in PRT alone, 31.6% in TMZ, and 30.5% in non-TMZ ChT subgroups, i.e. statistically different between PRT alone and any ChT subgroups (Logrank $p < 0.0001$), but no difference between TMZ and non-TMZ ChT subgroups. The two-year survival was highest for patients who received 60 Gy of PRT combined with TMZ or non-TMZ ChT (37.1% and 36.4% respectively). Multivariate analysis showed use of any concurrent/adjuvant ChT, dose of PRT (60 Gy vs. less than 60 Gy) and younger age at diagnosis were independent predictors of better overall survival.

Conclusions: Amongst a population-based patient cohort similar to that of the EORTC-NCIC CE3 trial, addition of ChT to PRT was associated with better overall survival, similar to results from the trial. This study showed that results from the protocol can be translated successfully to population use outside the confines of the randomized trial setting.